

*"Like many people who struggle with an addiction for a long time, I was very skeptical by the time I got to 'The Mighty Man Manual' website while browsing the web for any possible way out of my bondage to pornography. I was tired of struggling with it, tired of the shame it caused me, tired of lying to cover it up, and more than anything, tired of fighting against the huge wall it built between me and God. I know God still loved me then, but I didn't feel worthy of his love and that feeling just got worse and worse, as a result many times I would just not pray so I felt like that way I did not have to face God with all my sins. And it just got worse and worse with time driving me away from the Father and the blessings he had for me. I would always say I was going to stop, but it would go a week and I get right back to it. I felt like it was way beyond my control, I felt worthless, like I was just not strong enough to do anything. I prayed about it many times, but my prayers were that God would take it all away, while I should be praying and trusting him to make me stronger to resist the temptations. Mr. Snyder's book reflected so perfectly the way I felt, and I was able to identify myself with what I was reading. After I decided to receive God's grace in my life, and face it with faith and not skepticism, then God started the work that would set me free from pornography. It has been a long journey since I read the first page of the manual and it was very hard in the beginning, but Jesus was there with me all the time, and by reading the lessons in the book and following the call to let the Spirit lead me to freedom, today I praise the Lord for almost 6 months of freedom and the assurance that I will be free for the rest of my life, if I keep walking with God and trusting him to take care of me. I am still tempted, we will always be, if not in this matter, in something else because Satan will try anything to drive us away from God's will to our lives, but the Lord gives me the strength everyday to resist it. The power to overcome pornography is not in you, it is in the Lord's grace. If you want to break free from this bondage, I can tell you from my experience; don't be skeptical, trust the Lord! Pray for him to teach you to trust him if you need, because even that he will do for you. And if you're not in Christ, I pray that you may feel how immeasurable he loves you, and how much his heart longs for you. He does not want to bring judgment to your life, he wants to save you, deliver you from all bondages and change you into who he called you to be. May God bless all of you, and I praise him for my freedom! Thank you Jesus!"*

-E. Nunes